



LPGA*USGA GIRLS GOLF OF PHOENIX CONNECT FIVE

*** EMPOWER * ENRICH * ENGAGE * EXERCISE * ENERGIZE ***

What's the scoop?

Join us for some fun!!!

GIRLS GOLF OF PHOENIX CONNECT FIVE (Kinda like BINGO)

Complete at least 5 of the Girls Golf activities!

Connect 5 of the squares like BINGO, share and WIN!

connect five Instructions:

DETAILS, RULES + INSTRUCTION:

- Print the board or save the photo to your phone!
- Choose the activities to complete at your own time and pace!
- Complete activities to CONNECT 5
Player's Choice – You can win going vertical, horizontal, or diagonal
- One activity does not count for multiple squares - Each square is completed with a unique activity!
(i.e. one coloring page does not count 5 times)
- Use your phone skills to "FILL" out your spaces by digitally editing your own photo to cover/check off boxes OR print the board and put ball markers/coins on the spots and take a picture when complete!
- Take pictures of you doing the activities – Share with us via social media, email or text!
We would LOVE TO SEE your pretty faces! Don't forget to tag us!
- Post on social media, email or text your winning board!
**** Active Girls Golf of Phoenix members will be mailed a PRIZE!**
- USE #HomeOnTheRange #GirsGolfConnectFive and/or #GirlsGolfFamily when sharing!
- SHARING: @GirlsGolfofPhoenix on Instagram OR cori@girlsgolfofphoenix.org via email
- Not an active Phoenix member? Feel free to join us to play but unfortunately, due to security, I will not be able to send you a list of sponsors or a prize! I would still love to see, celebrate, and share!
- MOST IMPORTANT: Have fun! Be safe! Be kind to yourself and others! Stay home! You are doing great – We can't wait to see what you can do....



Details for each activity is continued on the back...

CONNECT FIVE Activities - The Details:

Access these activities National Girls Golf #HomeOntheRange:

- [Girls Golf Word Search Puzzle](#)
- [Girls Golf Coloring Sheet](#)
- [Girls Golf Crossword](#)
- [LPGA Founders Film](#)
- [LPGA Founders Film Online Quiz](#)

Other Activities:

Practice your “finish” in a mirror (7 times)

No equipment needed – Paparazzi Time

- Your “finish” is what you look like AFTER you hit the ball – the last little bit of your swing – when you are watching the shot – stay balanced – hold your final pose! “LOOKING COOL”
- Search for some “hold your finish” videos online – [Like this ONE](#)
OR Look up pictures of your favorite player’s and what they look like at the end of the swing – when the paparazzi take pictures – mimic their stance/hold in the mirror.
- Stand in front of a mirror – SWING and Hold/Freeze – looking at everything (your feet, your shoulders, your hands, your positioning) – Repeat 7 times with feedback for yourself!
- Don’t have a mirror? Have a family member take your photo and look at the pics!

Indoor putting drill (15min)

NOTE: BE SAFE – Please don’t break anything – Ask your parents for help!

- TONS of good videos/ideas [HERE](#) - OR search for some “indoor putting drills ” videos online.
- Tune into FACEBOOK LIVE events for tips/tricks/exercises from LPGA Professionals new teachers every Tuesday and Thursdays.
- Set up a putting game/drill for yourself - Use things from around your house as balls, targets, obstacles...
- Ideas for things to use...
BALLS: sponges, tennis balls, LOL doll eggs, Easter Eggs, rolled up socks, marshmallows, toilet paper rolls, get creative
TARGETS: plastic cups, water bottles, stuffed animals
OBSTACLES: under a chair, around a box, corners, rugs...

Send a hand-written note to a friend

We all love MAIL – Send a note to ANY friend (Can be a golf buddy or someone else)! If I can help connect any of you – let me know!

Send a hand-written note to GGOP Sponsor (see list)

For security reasons, Girls Golf of Phoenix MEMBERS will receive a private list and directions! Or feel free to look up a golf business online that you appreciate and send a note!

TUNE into A Facebook “LPGA Professionals”

LIVE EVENT for an engaging Fitness and/or Junior Golf games/drills > [LINK](#)

INSIDER SCOOP – Coach Cori will be hosting the LPGA PRO LIVE on Thursday, April 2nd @ 11 AM AZ time!



OF PHOENIX

